

COMPETENCE BASED CURRICULUM

D003

MONITORING LEARNER'S PROGRESS

GRADE 4 - YEAR 2022

[4]

HOME SCIENCE & PHYSICAL HEALTH EDUCATION

Learner's Name:

Learner's Number :

Gender: Boy Girl (tick)

School's Name:

TEACHER'S SCORING GUIDE

Exceed Exp	Meets Exp	Approaches Exp	Below Exp

HOME SCIENCE

1. Name three healthy practices that you observe at home. (3mks)

- a) _____
- b) _____
- c) _____

2. (a) Write down three games played in school. (3mks)

- (i) _____
- (ii) _____
- (ii) _____

(b) Name two qualities of a good play item for a child. (2mks)

- a) _____
- b) _____

(c) Draw an improvised soccer ball and a rope. (2mks)

(i)	(ii)
-----	------

3. Which two signs will show that one is unwell. (2mks)

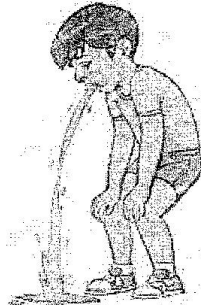
- a) _____
- b) _____

4. Identify the common illness in the picture below. (2mks)

(a)



(b)



5. Write down two ways through which can we care for cleaning materials at home. (2mks)

- a) _____
b) _____

6. Name two safety measures to observe when cleaning a room. (2mks)

- a) _____
b) _____

7. Give three materials that are used to clean leather shoes. (3mks)

- a) _____
b) _____
c) _____

8. List four examples of fuel. (4mks)

- a) _____
b) _____
c) _____
d) _____

9. List down two ways of conserving fuel. (2mks)

- a) _____
b) _____

PHYSICAL HEALTH EDUCATION

1. What is an athletic track. (1mk)

2. What are the three safety measures taken when playing standing long jump? (3mks)

- a) _____
b) _____
c) _____

3. Which locally available materials can you use to make a soccer ball? (2mks)

- a) _____
b) _____

5. The _____ is a most commonly used in making long and accurate passes. (kneeling overhead pass, overarm pass) (1mk)

6. Name two items used in a game of rounders. (2mks)

- a) _____
b) _____

7. Give two safety measures you can take to avoid injuries when improvising equipment for playing rounders. (2mks)

- a) _____
b) _____

8. List three locally available materials that can be used to make a durable jump rope. (3mks)

- a) _____
b) _____
c) _____

9. Give three safety measures you should observe when making a jump rope? (3mks)

- a) _____
b) _____
c) _____