

KCSE CLUSTER TESTS 11

Home Science Paper 3

1.

THE TEST

Your mother is convalescing at home after an abdominal operation.

Using the ingredients listed below, prepare, cook and present a suitable meal to include a nutritious drink for both of you.

Ingredients

Irish potatoes/green bananas

Oranges/passion fruits

Pineapples

Onions

Sugar Tomatoes

Fat/Oil

Salt Liver/Green

peas

Milk

Green leafy vegetables

Mangoes

PLANNING SESSION – 30 MINUTES

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies.

Then proceed as follows.

1. Identify the food items and write down their recipes;
2. Write down your order of work;
3. Make a list of the food stuffs, materials and equipment you will require.

25 marks