

GRADE 3 END TERM 3 MARCH 2022

HYGIENE & NUTRITION

NAME

Learner's Number Gender Boy Girl

School name School code

SCORING GUIDE

The grid below is to be filled by the teacher after marking the learner's work.

	Exceeds Expectation	Meets Expectation	Approaches Expectation	Below Expectation
Score	21 - 25	14 - 20	7 - 13	1 - 6
25				

1. In the supermarket, milk can be packaged in _____
(newspapers, clothes, packets)
2. _____ date can be written on a food container.
(Cooking, Expiry, Selling).
3. A _____ can cause an accident if handled carelessly.
(ball, spoon, razorblade)
4. Banana peels on the ground can cause accidental _____.
(bruises, slips, trips)
5. A sack can be used to store _____
(cooked maize, fresh fruits, dry maize)

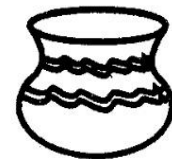
6. Cooked fish can be stored in _____
(buckets, drums, hotpots)

7. Study the diagram below.



The facility above can be used to store _____
(beans, yams, milk)

8. Colour the one that can be used to store raw meat.



Stay Safe - Wash your hands and wear a mask!

9. Leaning and pinching the nose can stop _____
(accidents, fainting, nose bleeding).

10. Adequate physical exercise makes our bodies _____
(fit, brown, dark)

Write the groups in which the following food fall.

Energy giving	body building
protective	

11.  _____

12.  _____

13.  _____

14. Eating food from the three basic groups is _____
(important, dangerous, bad)


15. We should _____ food properly before swallowing.
(buy, cook, chew)

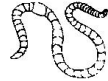
16. People should not _____ when eating.
(speak, breath, chew)

17. When you take too much water before bed time, you can _____ the bed.
(break, spoil, wet)

Name the following parasites

Tapeworm	Louse
Jigger	Flea

18.  _____

19.  _____

20.  _____

21.  _____

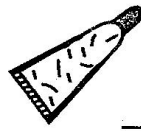
Medicines can be internal or external.

Write "internal" or "external"

22.  _____

23.  _____

24.  _____

25.  _____