

GRADE 1 MID TERM 3 EXAM 2019

HYGIEN AND NUTRITION

1. We buy meat from a _____
(shop, hotel, butchery) (1mk)
2. Licking your fingers when eating is _____
(good, bad, nice) (1mk)
3. We should chew food with our mouth _____
(closed, open, wide) (1mk)
4. We should wash our _____
after visiting the toilet. **(1mk)**
(head, hair, hands)
5. _____ are not good for our teeth. **(1mk)**
(Biscuits, Carrots, Beans)
6. We take medicine when we are _____
(1mk)
(healthy, sick, strong)
7. **Write the names of these food we take for lunch (5mks)**



8. **Draw these fruits. (5mks)**

banana

mango

pawpaw

apple

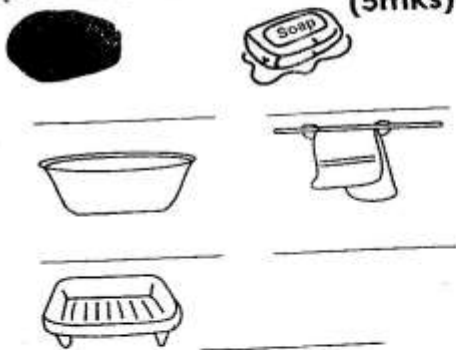
orange

9. **Name these animals that give us food. (5mks)**



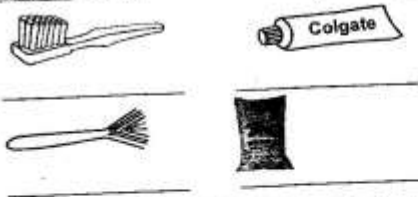
10. We get food from _____
and _____ **(2mks)**
(air, soil, plants, animals)

11. Pit latrines are built _____ the house. (1mk)
(inside, outside, above)
12. Toilets should be _____ after use. (1mk)
(closed, flushed, opened)
13. A urinal is used by _____ (boys, girls, women) (1mk)
14. Fruits should be _____ before eating. (1mk)
(cooked, boiled, washed)
15. Name items for bathing. (5mks)



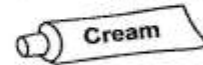
(towel, soap, soap dish, pumice stone, basin)

16. We comb our hair using _____ (grass, stick, comb) (1mk)
17. Name these items for cleaning our teeth. (5mks)



(water, toothpaste, salt, chewed stick, toothbrush)

18. Name these types of medicine (5mks)



19. A _____ is a vegetable. (1mk)
(beans, sukumawiki, pineapple)
20. A _____ is not good for our teeth. (1mk)
(Sweet, Carrot, Banana)
21. _____ make us strong.
(Medicine, Water, Exercise)
22. We wash our hands _____ eating. (after, before) (1mk)
23. We should help ourselves in the _____. (1mk)
(bush, river, toilet)

24. Fill in the gaps. (3mks)

sl _____ p
h _____ lthy
h _____ bits.

Total marks = 50			
Areas covered: - upto foods we buy from different places.			
Assessment rubric			
Exceeds Expectations (50)	Meets Expectations (25 - 49)	Approaches Expectations (11 - 24)	Below Expectations (0 - 10)

HYGIENE GRADE 1