

GRADE 2 END TERM 3 EXAM 2019

HYGIENE & NUTRITION

NAME		
SCHOOL		GRADE 2

When do we take each meal?

Match

1. Breakfast evening
2. Snacks mid day
3. Lunch morning
4. Supper in between meals

In which room do the following happen?

5. Sleeping - _____
6. Showering - _____
7. Resting - _____
8. Cooking - _____
9. Reading - _____
10. Relieving - _____
 ourselves

(Study room, kitchen, living room, bathroom, washroom/toilet, bedroom, store)

11. Why do you wash your hands?

12. What do I need to wash my hands? _____ and

13. _____

Draw these items

14. sponge	15. pan
16. soap	

17. Where should cooked food be stored? _____
(outside, cool room, hot room)

What is found in each of the rooms?

Kitchen

18. _____ 19. _____
20. _____ 21. _____

Bedroom

22. _____ 23. _____
24. _____

Livingroom

25. _____ 26. _____
27. _____

Colour and name the following

28.



29.



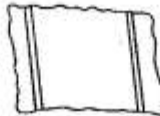
30.



31.



32.



33. Draw, name and colour the fruit you like most.



Answer Yes or No

34. Smoking cigarettes and bhang is good. _____
35. Broken glass should be buried. _____

36. We wash hands before and after a meal. _____

37. A handkerchief can be used _____

Group the following types of food as shown.

Cheese, arrowroot, eggs, banana, cabbage, beef, milk, tomatoes, mangoes

From animals

39. _____ 40. _____

41. _____ 42. _____

From plants

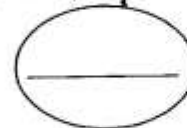
43. _____ 44. _____

45. _____ 46. _____

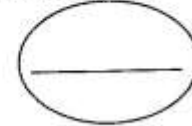
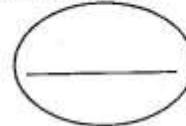
My meal today had tomatoes, cabbages, rice, fish.

Put the food in the right circle.

47. Carbohydrates



48. Vitamins 49. Proteins



50. How do you keep your bedroom clean? _____