

# GRADE 2 MID TERM 2 EXAM 2019

## HYGIENE & NUTRITION ACTIVITIES

NAME ..... SCHOOL .....

1. The meal I eat in the morning is called \_\_\_\_\_  
(supper, breakfast, lunch)


2. Food gives us \_\_\_\_\_ to work and play. (energy, tea, toys)

Name two foods you take for breakfast.

3. \_\_\_\_\_

4. \_\_\_\_\_

5. The child drawn below is using



(a tooth brush, dental floss, tooth paste)

6. We use our teeth to \_\_\_\_\_ food. (smell, bite, see)


7. A \_\_\_\_\_ takes care of our teeth. (doctor, nurse, dentist)


8. Brushing teeth after meals is a \_\_\_\_\_ habit. (clean, good, dangerous)


9. Chewing my pencil is a \_\_\_\_\_ habit. (good, bad, nice)


10. We need \_\_\_\_\_ for our oral hygiene. (charcoal, powder, a chewed stick)


Match the healthy foods with their names.

11.  Egg

12.  Strawberries

13.  Banana

14.  Cucumber

15.  Sugarcane

16. Most people watch television in their \_\_\_\_\_ (bedroom, living room, kitchen)

17. Utensils and cookers are likely to be found in the \_\_\_\_\_ (dining room, kitchen, bedroom)

Match the item with where it is found

18. Pillow kitchen

19. Sink living room

20. Flower vase bedroom

21. A \_\_\_\_\_ is found in the dining room (pan, pillow, table)

22. We get \_\_\_\_\_ from plants.  
(eggs, peas, liver)

23. We get milk from \_\_\_\_\_  
( plants, goats, pigs)

Name two common foods in your area.

24. \_\_\_\_\_

25. \_\_\_\_\_

26. Eating foods required by the body is called \_\_\_\_\_ eating.  
(poor, healthy, food)

Write "True" or "False"

27. Yoghurt is made from milk.  
\_\_\_\_\_

28. Pears are not good for our teeth.  
\_\_\_\_\_

29. A toothpick is a string used to clean between the teeth.  
\_\_\_\_\_

30. Eating raw carrots can strengthen our teeth. \_\_\_\_\_

31. We identify the size of an object using our sense of \_\_\_\_\_  
(eyes, smell, sight)

Describe the smell by writing "pleasant" or "unpleasant"

32. Rotten fish - \_\_\_\_\_

33. Fried egg - \_\_\_\_\_

34. Ripe banana - \_\_\_\_\_

35. Dirty feet - \_\_\_\_\_

Use the words in the box to complete these sentences

**hand, ears, nose, tongue, eyes**

36. I taste with my \_\_\_\_\_

37. I touch with my \_\_\_\_\_

38. I hear with my \_\_\_\_\_

39. I smell with my \_\_\_\_\_

40. I see with my \_\_\_\_\_

Match these sentences correctly

41. We wash our hands \_\_\_\_\_ with your mouth closed.

42. Chew food \_\_\_\_\_ with your food.

43. Serve portions of food \_\_\_\_\_ at the table.

44. Don't play \_\_\_\_\_ that you can finish

45. Don't pick your \_\_\_\_\_ before we eat.  
teeth

46. A place where meat is sold is a \_\_\_\_\_  
(grocery, butchery, supermarket)

47. An open place where we buy goods is a \_\_\_\_\_  
(shop, market, grocery)

48. A store that sells foods mainly fruits and vegetables is a \_\_\_\_\_  
(hotel, shop, grocery)

49. A shop that sells baked food is a \_\_\_\_\_  
(market, butchery, bakery)

50. A building where goods and services are sold is a \_\_\_\_\_  
(shop, market, hotel)