






# GRADE 3 END TERM 2 EXAM 2019

## HYGIENE & NUTRITION ACTIVITIES

NAME:	SCHOOL:	DATE:
<p>1. When we wear clean clothes and shoes we look _____ (dirty, untidy, clean)</p> <p>2. _____ is a healthy habit. (Standing, Sitting, Exercising)</p> <p>3. We should drink _____ water. (coloured, blue, clean and safe)</p> <p>4. We take _____ meals in a day. (2, 3, 4)</p> <p>5. We clean our teeth with _____ (charcoal, toothbrush, pencil)</p> <p>6. The holes in the teeth are called _____ (plaque, hole, cavities)</p> <p>7. Which one is not good for our teeth? _____ (Orange, sweet, milk)</p> <p>8. Teeth are _____ in colour. (yellow, white, black)</p> <p>9. Too much of food can cause _____ (happiness, under-weight, over-weight)</p> <p>10. A doctor who looks after our teeth is called a _____ (optician, nurse, dentist)</p> <p>11. The place where dirt is put is a _____ (dust pan, dust pin, duster) <u>Name the following.</u></p> <p>12.  _____</p> <p>13.  _____</p>	<p>14.  _____ (bananas, apple, mango)</p> <p>15. The _____ shows who will be cleaning the classroom and on which day. (timetable, weather chart, duty rota)</p> <p>16. Eating habits are known as good _____ manners. (chair, table, chair)</p> <p>17. Which one is not a source of water? _____ (River, Spring, Tank)</p> <p>18. Dirty food makes us _____. (sick, healthy, strong)</p> <p>19. In your school pupils use _____ to help themselves. (dustbin, latrines, toilet)</p> <p>20. _____ gives us strength to work during the day. (Supper, Lunch, Breakfast)</p> <p>21. We should keep water in a _____ container. (dirty, covered, big) <u>The following are things used to clean toilet and latrines. Name them.</u></p> <p>22.  _____</p> <p>23.  _____</p>	

24.



(Hard brush, mop, bucket, broom)

25.



26. We should wash our \_\_\_\_\_ before eating.

(mouth, hands, legs)

27. Towel and socks are \_\_\_\_\_ items.

(property, personal, home)

28. Bed, mattress and blankets are found in the \_\_\_\_\_

(sitting room, kitchen, bedroom)

29. Which bedding material do we place under our head when sleeping? \_\_\_\_\_

(duvet, pillow case, bed cover)

30. \_\_\_\_\_ are found in dirty feet.

(Lice, Jiggers, Fleas)

31. A hen gives us \_\_\_\_\_

(milk, eggs, fruits)

32. This is a \_\_\_\_\_



(snake, worm, bird)

33. Wash fruits with clean \_\_\_\_\_ to avoid germs.

(blood, water, soil)

34. A \_\_\_\_\_ is a fruit

(mango, cabbage, egg)

35. A \_\_\_\_\_ gives us milk.

(cow, hen, pig)

36. We eat the \_\_\_\_\_ of carrots.

(leaf, roots, fruits)



37. Dirty things smell \_\_\_\_\_

(well, good, bad)

38. We dry our body with \_\_\_\_\_

(handkerchief, cloth, towel)

39. Things we use for eating are called \_\_\_\_\_

(tools, utensils, things)

40. This is a spider's \_\_\_\_\_



(hive, web, kennel)

41. Wash the \_\_\_\_\_ after bed wetting.

(house, beddings, floor)

42. We clean our nose with \_\_\_\_\_

(cloth, towel, handkerchief)

43. We smell with our \_\_\_\_\_

(eyes, nose, ears)

44. The food that we eat in the evening is called \_\_\_\_\_

(breakfast, lunch, supper)

45. We open windows when cleaning our classrooms to let in fresh \_\_\_\_\_

(soil, air, dust)

46. People who use tobacco smell \_\_\_\_\_

(nice, good, bad)

Draw these fruits.

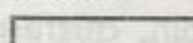
47. Orange



48. Banana



49. Mango



50. It is good to \_\_\_\_\_ food slowly.

(bite, chew, swallow)