

GRADE 2 END TERM 2 EXAM 2019

HYGIENE & NUTRITION ACTIVITIES

1. _____ means keeping ourselves and our environment clean. (hygiene, cleanliness, compound)

2. How do you keep your body clean?

- a) wearing clean clothes.
- b) bathing everyday and wearing clean clothes
- c) oiling my body

3. We need _____ and water for bathing. (soil, soap, lotion)

4. Oral hygiene means the cleanliness of my whole _____. (body, head, mouth)

5. _____ is the meal taken in the morning. (snack, breakfast, moon)

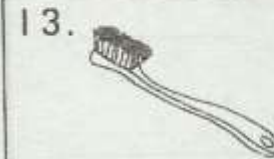
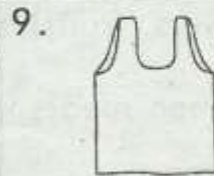
You want to clean your teeth.
What three things must you use.

6. _____

7. _____

8. _____

Name the following personal items



16 -19: Tick 4 healthy foods for your teeth

sugarcane, biscuits, carrots,
apples, sweets, milk, roasted
maize, chewing gum

Which part do we eat?

20. Yams - _____
21. Cassava - _____
22. Kales - _____
23. Mango - _____
24. Pineapple - _____
25. Sugarcane - _____
(stem, roots, leaves, flowers, fruits)

26. What we eat in between meals is called _____
(cookies, snacks, bread)

What is the taste of

27. pepper - _____
28. limes and lemons - _____
29. sweets and icing sugar - _____
30. salted meat - _____
31. herbs and some medicines - _____
(sweet, sour, salty, bitter, hot)

32. Which of the following can you share? _____
(hairbrush, cup, toothbrush)

33 - 35: When should I wash my hands? Tick three correct answers

- a) after showering
b) before eating
c) after using the washroom
d) after a painting or modelling activity

36. _____ live in dirty places.
(germs, animals, people)

37. Which part of your body help you to taste? _____
(tongue, mouth, lips)

38. Knives, cookers and utensils are found in the _____
(store, kitchen, study room)

39. The help given to someone who has been hurt is called _____
(assistance, first aid, medication)

40. Which of the following tastes sour _____
(vinegar, apples juice, honey)

41. We must _____ fruits before eating them. (boil, wash, roast)

42. Dirty hair may keep _____
(lice, houseflies, jiggers)

43. We sleep in a room called _____
(bedroom, living room, kitchen)

44. Broken glass should be
a) burned in a pit
b) buried in a deep hole.
c) thrown into the bush.

45 - 47: Tick three food from plants

maize, sausage, bread,
pork, eggs, rice

48. Flies and cockroaches are likely to be found in a _____
kitchen. (clean, dirty, neat)

49. What can be eaten raw?
_____ (rice, beans, tomatoes)

50. Drinking water must be _____
(filtered, stored, boiled)